

## Be Happy- Young Minds Uk Song Andrew Smith

When you're feeling down in some kind of way  
Shadows taking over and you don't know what to say  
You could be lost in confusion going out of your mind  
And challenges you're facing getting harder all the time

But now its time to be brave, its time to face your fears, time to brighten up  
your day but you don't have to hide your tears.

Do what you love  
And love what you do  
Believe in yourself and always stay true

Remember family and friends,  
They've got your back  
You don't have to cope alone  
We learn from our mistakes. From the wrong turns that we take.  
You're amazing let everyone know.

Two parts learn both will sort in rehearsal

Be happy x4

Reach out jump up and down  
Hear this music and sing out loud  
Cos we're gonna be on top of the world  
Be happy  
X2

Take a hold of my hand  
And follow me  
Break out of your shell  
Spread your wings and be free.

Dancing and singing get into the groove  
Together with your friends, you can always be you.

When you're feeling lost, you can still find your path.

In the craziest of places choose the future not the past.  
Talk about your feelings it will help you stay strong.  
Open your heart and know that you belong

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They've got your back  
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You're amazing let everyone know.**

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**Be happy x4**

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